Response to Dr. Esau:

1) “One difficulty appears in the discussion of the internal wave generation by the turbulence on the pages 339-340. Figure 3b does not show any internal waves generated by the turbulence. Moreover, the narrative discussion proposed at this place is not convincing. As the authors know, the IW spectrum is limited by the Brunt-Vaisala frequency. This frequency could be translated in certain wavelength at the cut-off scale, which could be larger than the interval of length scales of the turbulence in the DNS run. Thus, the problem of the IW generation requires careful analysis of the spectra of the components of motions. Moreover, it is not obvious why the turbulence should generate a monochromatic wave as Fig 3b seems to suggest.”

Figure 3b shows the density oscillations in the middle of the pycnocline obtained in DNS with initially excited IW without turbulence (black line) and with turbulence without initially excited IW (in color). Note that only density oscillations due to initially excited IW (due to initial condition (8-10)), without turbulence, can be characterized as a monochromatic wave. These oscillations are given for comparison to show that the turbulence-generated IWs are much weaker.

We obtained a power spectrum of IWs excited by turbulence only (without initially induced IW (8-10)) in the pycnocline by performing Fourier transform of the density oscillations at point x = 20, y = 10, and z = 8 (i.e. at the pycnocline center in the middle of the computational domain, shown in Fig. 3b in color) and at two other points with coordinates x = 10 and x = 30 and the same y and z, and then averaged the spectra obtained at these three different points. The resulting spectrum is shown below in Fig. 1:

Fig. 1. Power spectrum of the density oscillations in the pycnocline without initially induced IW.

The vertical blue dashed line in Fig.1 denotes the maximum buoyancy frequency in the middle of the pycnocline, $N_m = 1$. The figure shows that IWs generated by turbulence are mostly at frequencies $\omega_1 \approx 0.8$ and $\omega_2 \approx 0.2$. Figure 2 below presents an enhanced view of the isopycnals of the density field in the vicinity of the pycnocline obtained in DNS in the vertical (x,z) plane at y = 0 at time t = 400. This is the same density field as in Fig. 3e, but shown with higher resolution over z-coordinate.
Fig. 2. Isopycnals of the density field obtained in DNS at time $t = 400$ without initially induced IW. The interval between lines is 0.05. The lowest line corresponds to $\rho = 1.65$.

Figure 2 shows that 1st and 2nd IW modes are present, and the most pronounced IW length is about 3 to 4 dimensionless units (i.e. the turbulence-generated IWs length is about 4 times larger than the pycnocline width $L_0$). Frequencies $\omega_1 \approx 0.8$ and $\omega_2 \approx 0.2$ correspond to the 1st and 2nd IW modes, respectively.

Thus, DNS results in Figs. 1 and 2 show clearly that turbulence indeed generates IWs in the pycnocline. It is important to note, however, that the amplitude of these turbulence-generated IWs is by the order of magnitude smaller as compared to the internal wave induced due to initial condition (8-10). That’s why the turbulence-generated IWs are not visible in Fig. 3e.

In order to answer the referee’s criticism we included the following comment in the revised manuscript (p. 10, in green color):

“… The analysis of the frequency spectrum of the density oscillations in the pycnocline and the structure of isopycnals (not presented here) shows that mostly first- and second-mode IWs are generated by turbulence with corresponding frequencies $\omega_1 \approx 0.8$ and $\omega_2 \approx 0.2$ and wavelength $\lambda_i \approx 4$. “

Since the detailed discussion of the properties of IWs generated by turbulence is beyond the scope of the present paper, we did not include figures 1 and 2 above in the revised paper.

2) “Another difficulty appears in the wave-turbulence interaction discussion in the pages 342-343. The DNS runs revealed that the turbulence has only weak impact on the IW. It has been explained as the turbulence amplitude is too small to damp the IW. However, it is also clear that the IW and the turbulence have very different scales where the IW are much larger than the typical turbulent motions. Since the most effective interactions are between the motions of the same scale, the weakness of the interactions in the run could be just due to this scale separation. It would be reasonable to have another run with the IW of much shorter wavelength to check the interactions.”

The objective of the present paper is to investigate the possibility of the enhancement of small-scale turbulence by strong, non-breaking IW. Therefore, spatial scales of turbulence and IWs are considered to be significantly separated. This is usually the case under typical stratification conditions in the ocean, where largest turbulence scale is at the order of dozen meters (due to
forcing by the surface waves and their breaking) whereas IW length is larger than 100 m (and typically of the order of several hundred meters or larger, cf. e.g. Phillips (1977), Thorpe (2007)).

Our previous DNS results (Druzhinin et al. (2013)) show that weak IWs of short length (e.g. with \( \lambda = 4 \), or 2.5 times smaller as compared to the \( \lambda = 10 \) considered in the paper) are severely damped by turbulence. The results show that the damping rate of IWs with the amplitude two times less than the turbulence amplitude grows as \( 1/\lambda^2 \) as wavelength \( \lambda \) is reduced.

---

**Fig. 3.** Instantaneous distribution of the vorticity \( y \)-component \( \omega \) (in grey scale) with imposed density contours (1.3, 1.5, 1.7) in the central (x,z)-plane at time moment \( t = 400 \) obtained in DNS of IW with length \( \lambda = 4 \) and amplitude \( W_0 = 0.1 \) without initially-induced turbulence.

**Fig. 4.** Power spectrum in the IW with wavelength \( \lambda = 4 \) and amplitude \( W_0 = 0.1 \) obtained in DNS at \( z = 8 \) and time \( t = 400 \), without initially-induced turbulence.

On the other hand, if we consider large IW amplitudes and considerably reduce the IW length, as compared to \( \lambda = 10 \) considered in the paper, the wave slope also increases and IW becomes strongly non-linear and prone to breaking and/or consumed by viscous dissipation at sufficiently late times. In the present paper, we choose IW length \( \lambda = 10 \) and amplitude \( W_0 = 0.1 \). In this case, the initial turbulence integral length scale (about unity) is by the order of magnitude smaller than the IW length. The amplitude of the isopycnal displacement in IW is about \( a \approx 0.2 \), and the wave slope is about \( ka = 2\pi a/\lambda \approx 0.12 \) which may be regarded small enough to ensure that non-linear effects during the IW propagation in the pycnocline remain negligible. Spatial IW spectra (cf. Fig. 7 in the
paper) also show that amplitudes of higher harmonics remain negligible as compared to the first harmonics amplitude.

We performed an additional DNS run to show the evolution of the IW excited due to the initial condition (8-10) with wavelength $\lambda = 4$ and amplitude $W_0 = 0.1$ without initially induced turbulence. In this case, although the IW amplitude is the same as in the case with $\lambda = 10$, the wave slope is about $ka = 0.3$ (i.e. 2.5 times larger as compared to the case $\lambda = 10$ in the paper). The instantaneous vorticity and density fields in the vertical $(x, z)$ central plane and the power spectrum obtained in DNS at time $t = 400$ is shown in Figs. 3 and 4. Figures 3 and 4 show that the IW is strongly non-linear, as expected for such large wave slope, and considerable portion of the energy goes from the first harmonics to higher harmonics. The conclusion follows that such short-length, sufficiently strong IWs are not sustainable in our DNS.

The DNS study of the interaction of IWs and turbulence with comparable length scales, suggested by the referee, is certainly of interest. We can expect some stronger and interesting interaction effects here. But, as we assume, it would be also quite difficult to separate the waves and turbulence and elucidate the effect of IW on turbulence in this case. The applicability of the results to realistic natural oceanic conditions is also not quite clear where the scale separation between sustainable IWs and small-scale turbulence is a common feature (cf. e.g. Thorpe 2007).

The study of turbulence generation by strongly non-linear IW, when high harmonics generation, caused by non-linear effects, become significant, is also of interest. But this is a subject of a future study and not included in the present paper.

In order to answer the referee’s criticism and justify the choice of the IW parameters we included the following comment in the revised text (p.7):

“…Previous DNS results by Druzhinin et al. (2013) show that weak IWs of short length (say, about 3 times smaller as compared to the $\lambda = 10$ considered in the present paper) are severely damped by turbulence. The results show that the damping rate of IWs with the amplitude two times less than the turbulence amplitude grows as $1/\lambda^2$. On the other hand, if we consider larger IW amplitudes and reduce the IW length, the wave slope increases so that strong, short-length IW become strongly non-linear and are prone to breaking and viscous dissipation.”

Minor comments:

1) “The Re definition here (Eq. 4 and below in the text) is rather meaningless as it does not refer to the turbulence features of the fluid and the ability of the DNS to reproduce them. It is wrong to claim that if you double $L_0$, your Re will also double. Traditional estimation, based on Taylor microscale, required $L_0$ to be the integral scale of the turbulence and $U_0$ the scale of TKE fluctuations, roughly it could be approximated as $Re \sim N^4/3$, which place your DNS in the class of $Re \sim 300$ or even lower as turbulence decay with time, which is normal for such exercises.”

The Reynolds number in the present paper (Eq. (4)) is based on $L_0$ (the pycnocline thickness), $T_0 = 1/N_0$ (where $N_0$ is the buoyancy frequency in the middle of the pycnocline) and the corresponding velocity scale, $U_0 = L_0/T_0$. Since the time scale is defined as $T_0 = 1/N_0$ and the velocity scale $U_0 = L_0/T_0 = L_0N_0$, the Richardson number (4) in DNS identically equals unity, $Ri = 1$. This is convenient since the characteristics of IWs (eigenfunctions and dispersion relation $\omega(k)$ in Fig. 2a) remain the same for different parameters in DNS runs. However, we agree with the referee, that Re is not the turbulent Reynolds number. For the considered choice of the spectrum (13) with $k_f = 1$ the turbulence dimensionless integral length scale, $L_i$, at initialization is of order unity. Thus, the turbulent Reynolds number, $Re_t$, based on $L_i$ and turbulence velocity amplitude $U_{i0} = 0.1$ at initialization and dimensionless viscosity $1/Re$ (with $Re = 20000$), is evaluated as $Re_t = L_i U_{i0} Re \approx 2000$. 

- 4 -
Note however, that wavenumber $k_f$ in spectrum (13) is normalized by $L_0$, so if $L_0$ is doubled, than the dimensional initial turbulence integral length scale and hence the turbulent Reynolds number are also doubled provided the fluctuation amplitude, $U_{i0}$, is fixed.

Note also that in DNS with initially induced IW, turbulence TKE spectrum is characterized by the well-pronounced energy peak at the IW wavenumber $k = 2\pi/\lambda = 0.628$ (cf. Fig. 7). Thus, in this case, the turbulent length scale is actually determined by the IW length ($\lambda = 10$). Then the flow Reynolds number is estimated as $Re_f = L_t U_{i0} Re = \lambda U_{i0} Re = 20000$ for the amplitude $U_{i0} = 0.1$.

In order to answer the referee’s criticism we included the following comments in the revised text (p.8);
“…For the considered choice of the spectrum (13) with $k_f = 1$ the turbulence dimensionless integral length scale, $L_t$, at initialization is of order unity. Thus, the turbulent Reynolds number, $Re_f$, based on $L_t$ and $U_{i0}$, is evaluated as $Re_f = L_t U_{i0} Re \approx 2000$.”

(p. 16):
“Note also that since the energy peak at the IW wavenumber $k = 2\pi/\lambda = 0.628$ in the TKE spectrum is most pronounced, the turbulent length scale, in this case, is actually determined by the IW length ($\lambda = 10$). Then the turbulent Reynolds number can be estimated as $Re_f = L_t U_{i0} Re = \lambda U_{i0} Re = 20000$ for the amplitude $U_{i0} = 0.1$.”

2) “Eq. (17) is problematic. Is "j=3"? Otherwise it will be incompatible with Eq. (16)”

In the revised text we re-defined the velocity instantaneous deviation from the mean field as ($\bar{U}_i = U_i - \langle U_i \rangle$). We agree that the notation for the velocity deviation used in the original text ($U_i'$) was confusing. Now eq.(17) is just the well-known definition of the TKE dissipation rate. It is computed in DNS as
\[
\varepsilon = \frac{1}{Re} \sum_i \left( \frac{\partial \bar{U}_i}{\partial x} \right)^2 + \left( \frac{\partial \bar{U}_i}{\partial y} \right)^2 + \left( \frac{\partial \bar{U}_i}{\partial z} \right)^2 , \hspace{1em} i = x, y, z.
\]

We changed the revised text accordingly (p. 9, eq.(17)).

3) “Page 343. The interesting discussion point that the turbulence survive longer in the vicinity of the pycnocline centre. Could it be because at this level the stability is the strongest and the turbulence has the largest horizontal scales so that the interactions between the shortest waves and the largest turbulence is more efficient? It would be interesting to have an analysis.”

In the case with initially induced IW, mentioned by the referee, turbulence is maintained by the strain created by the IW field. Due to this IW strain field the vorticity field has maxima localized the vicinity of IW crests and troughs. Since, in the considered case, IW length is much (about 10 times) larger as compared to the pycnocline thickness, the IW-induced velocity field decreases exponentially with the distance from the pycnocline. So it is expected that the effect of the IW field on turbulence is most pronounced in the immediate vicinity of the pycnocline. Note that a similar enhancement of turbulence was observed by Tsai et al. (2015) in the vicinity of the waved water surface. Their DNS results show that turbulence is enhanced by the straining field of the surface wave in the vicinity of the water surface and this enhancement is most pronounced in the vicinity of the surface wave crests and troughs.

We added a comment in p. 15, 1st paragraph.

We are grateful to the referee for all comments and suggestions.
Response to Prof. Sukoriansky:

1) “The title of the paper is too general. I think it should directly reflect the main objective of the work, namely, the effect of IW on a free evolution of small-scale turbulence near a pycnocline.”

Our original idea was to include the “pycnocline” in the title. However, some part of the paper is devoted to the turbulence dynamics in a stratified region above the pycnocline in the absence of IWs, both at some distance of it and in its vicinity. So we came to a more general title (in its present form) hoping that it would not confuse the reader since, as we think, the immediately-following abstract explains in more detail what is done in the paper.

2) “Throughout the paper the authors promote the idea that in the strongly stratified regions the turbulence becomes quasi-two dimensional. For example, on p.338, lines 20-23 and on p.339, lines 20-25, they argue that since the vertical velocity fluctuations become much smaller than their horizontal counterparts, the 3D turbulence collapses to quasi-2D. It is true that the vertical fluctuations often diminish due to strong stable stratification. However, a strong vertical variability of the other components remains and even increases. The flow becomes organized in thin layers, “pancakes”, weakly correlated with one another. Such a velocity field should be called “almost two-component”. The term “quasi two-dimensional”, on the other hand, only refers to a flow in which the variability of fluctuating quantities is severely restricted in one (vertical) direction; such a flow is rather organized in columnar structures, but vertical motion is not necessarily excluded.”

We used the term “quasi-two-dimensional turbulence” in a sense as it is widely adopted in the literature concerning the dynamics of stably-stratified turbulent flows. It denotes quasi-horizontal turbulent motions formed due to a collapse of initially three-dimensional turbulent motions under strong stratification. These quasi-2D motions are associated with the pancake eddies separated by vertically-sheared vortex sheets (cf. e.g. Praud et al. (2005) and references therein).

Since the text in the original paper indeed causes confusion, we changed the narrative questioned by the referee in the revised paper as follows:

(p. 9, in green color):
“… in this, strongly-stratified, region turbulent motion becomes quasi-two-dimensional and there occurs a collapse of three-dimensional vortices and formation of pancake eddies (cf. Fig. 3e below)…”.

(p. 10):
“…That means that in the region sufficiently close to the pycnocline there occurs a collapse of three-dimensional turbulence under the effect of stable stratification and fluid motion becomes quasi-two-dimensional.”

3) “The related issue is the strength of the horizontal and the vertical components of vorticity. The space distribution of y and z vorticity components (wy and wz) are shown in Fig. 3e and is discussed in terms of “3D – quasi-2D” transition in the last paragraph on p. 340. The formation of “pancake large-scale vortex structures” is shown. But are they quasi-two dimensional? It would be very informative if the horizontal rms of wy and wz as functions of the vertical coordinate z were shown. The argument of twodimensionalization” would only be valid if wz were the dominant component.”

In the discussion of Fig. 3e (p.340) in the original paper we write the following:

“… Let us consider now the instantaneous distribution of the flow vorticity presented in Fig. 3e. The figure shows y- and z- components of vorticity, ( \( \omega_y = \partial_z U_x - \partial_x U_z \) and \( \omega_z = \partial_y U_x - \partial_x U_y \) )
and density \((\rho + \rho_{\text{ref}}(z))\) obtained in DNS in the vertical and horizontal planes with no initially induced IW field at time \(t = 400\). The figure shows that sufficiently far from the pycnocline (at \(z > 10\)), turbulence remains three-dimensional. However, in the vicinity of the pycnocline (in the region \(8 < z < 10\)) the vorticity distribution in the vertical \((x, z)\)-plane is characterized by a layered structure typical of stably stratified turbulence. The scale of vortices in the horizontal \((x, y)\)-plane at \(z = 9\) (where velocities \(U'_x\) and \(U'_y\), and consequently the horizontal kinetic energy, have maximum) is larger as compared to the \((x,y)\)-plane at \(z = 11\), and turbulent eddies here acquire a pancake shape. This observation is in accord with results of previous laboratory studies where formation of pancake large-scale vortex structures in decaying, strongly-stratified homogeneous turbulence was observed (cf. Praud et al. (2005)).

We agree with the remark of the referee that strong variability of the turbulence in the \(z\)-direction persists in the strongly stratified region in the vicinity of the pycnocline (8 < \(z < 10\)). Fig. 3e also shows that, in this region, \(y\)- and \(z\)-vorticity components are of the same order. However, there is no allusion to quasi-2D turbulence and/or the argument of two-dimensionalization in the above discussion. The detailed analysis of the strongly-stratified turbulence was performed already by many authors (cf. e.g. Praud et al. (2005) and references therein). So in the present paper we try to minimize the discussion of the structure of strongly stratified turbulence (although there is a broad area for discussion there) and focus on the main objective of the present paper which is to investigate the effect of strong internal wave on the turbulence dynamics and TKE spectra. So we omitted the discussion of many features of the vorticity structure in strongly-stratified turbulence (most part of it is already well-known from the literature) to make the paper more concise.

We added the following comment on the strength of \(y\) and \(z\) vorticity components in Fig. 3e in the revised text (p. 11):

“...The figure shows also that strong variability of turbulence in the \(z\)-direction persists in the strongly stratified region in the vicinity of the pycnocline (8 < \(z < 10\)) and, in this region, \(y\)- and \(z\)-vorticity components are generally of the same order.”

Minor corrections:
1) Caption to Fig. 1: \(N_m\) was changed to \(N_0\).
2) “Page 341, lines 15-17: “In the latter region (far from the pycnocline, \(z=11\)?), the decay rate of the turbulent kinetic energy is reduced as compared to the region in the vicinity of the pycnocline (\(z=9\))”. I suppose that there is a typo because the rate of decay is higher at \(z=11\).”
The error was corrected: “reduced” changed to “enhanced”.

We are grateful to the referee for all comments and suggestions.
Dynamics of turbulence under the effect of stratification and internal waves

O. A. Druzhinin¹ and L. A. Ostrovsky²

¹ The Institute of Applied Physics, Russian Acad. Sci., Nizhny Novgorod, Russia

² NOAA Environmental Science Research Lab. Boulder, CO USA

druzhinin@hydro.appl.sci-nnov.ru

lev.a.ostrovsky@noaa.gov

Abstract

The objective of this paper is to study the dynamics of small-scale turbulence near a pycnocline, both in the free regime and under the action of an internal gravity wave (IW) propagating along a pycnocline, using direct numerical simulation (DNS). Turbulence is initially induced in a horizontal layer at some distance above the pycnocline. The velocity and density fields of IW propagating in the pycnocline are also prescribed as initial condition. The IW wavelength is considered to be by the order of magnitude larger as compared to the initial turbulence integral length scale. Stratification in the pycnocline is considered to be sufficiently strong so that the effects of turbulent mixing remain negligible. The dynamics of turbulence is studied both with and without initially induced internal wave. The DNS results show that in the absence of IW turbulence decays, but its decay rate is reduced in the vicinity of the pycnocline where stratification effects are significant. In this case, at sufficiently late times most of turbulent energy is located in a layer close to the pycnocline center. Here turbulent eddies are collapsed in the vertical direction and acquire the “pancake” shape. IW modifies turbulence dynamics, in that the turbulence kinetic energy (TKE) is significantly enhanced as compared to the TKE in the absence of IW. As in the case without IW, most of turbulent energy is localized in the vicinity of the pycnocline center. Here the TKE spectrum is considerably enhanced in the entire wavenumber range as compared to the TKE spectrum in the absence of IW.
1. Introduction

Interaction between small-scale turbulence and internal gravity waves (IW) plays an important role in the processes of mixing which have direct impact on the dynamics of seasonal pycnocline in the ocean (Phillips 1977, Fernando 1991). Turbulence in the mixed region above the pycnocline can be produced by breaking surface waves driven by the wind forcing or due to shear-flow instabilities. In laboratory studies of the effect of small-scale turbulence on the pycnocline, in the absence of mean shear, turbulent motions are usually induced by an oscillating grid (Turner 1973, Thorpe 2007).

One of the most interesting and practically important aspects of the turbulence-IWs interaction in the absence of mean shear is the effect of damping of IW by turbulence on the one hand, and the possibility of enhancement of small-scale turbulence by non-breaking IWs on the other hand. The phenomena of IWs damping by turbulence was observed in early laboratory experiments by Phillips (1977) and Kantha (1980). Quantitative measurements of the IW damping effect were first performed in a laboratory experiment by Ostrovsky et al. (1996). In the latter experiment, IWs were generated in the pycnocline by a wavemaker, and small-scale turbulence was induced by an oscillating grid at some level above the pycnocline. Measurements and comparison of the IW amplitudes, with and without turbulence, showed an effective enhancement of the decay rate of IW under the effect of turbulence which was found to be in good agreement with the theoretical prediction by Ostrovsky & Zaborskikh (1996) based on a semi-empirical closure approach.

The effect of damping of IWs propagating through a pycnocline by a forced turbulent layer above the pycnocline was recently studied with the use of direct numerical simulation (DNS) by Druzhinin et al. (2013). The results show that if the ratio of IW amplitude vs. turbulent pulsations amplitude is sufficiently small (less than 0.5), turbulence strongly enhances IW damping. In this case, the damping rate obtained in DNS agrees well with the prediction of a semi-empirical closure approach developed by Ostrovsky & Zaborskikh (1996). However, for larger IW amplitude the effect of damping of IWs by turbulence is much weaker, and, in this case, the semi-empirical theory overestimates the IW damping rate by the order of magnitude.
The effect of enhancement of small-scale turbulence by mechanically-generated, non-breaking internal wave was experimentally observed by Matusov et al. (1989). In that experiment, an oscillating grid was used to induce turbulence above a pycnocline. An internal gravity wave propagating in the pycnocline was generated by a wave-maker. The results of this experiment show that a sufficiently strong (as compared to turbulent grid-induced velocity fluctuations), non-breaking internal wave can significantly increase the kinetic energy of turbulence in the well-mixed layer above the pycnocline. However, the obtained experimental data did not provide enough detail to study the modification of turbulence kinetic energy spectra under the influence of IWs.

A somewhat similar phenomena has been experimentally observed in the ocean boundary layer where the kinetic energy of turbulence and its dissipation rate can be significantly enhanced in the presence of surface gravity waves relative to the wind-stress production (cf. e.g. Anis & Moum 1995). The results of recent numerical simulations by Tsai et al. (2015) also show that non-breaking surface waves can effectively increase turbulence kinetic energy in the vicinity of the water surface.

The objective of the present paper is to study the possibility of the enhancement of small-scale turbulence by internal gravity wave (IW) propagating in a pycnocline, and consider the case where the initial IW amplitude is of the order, or larger than, the turbulent pulsations amplitude. The results of DNS by Druzhinin et al. 2013 show that, under this condition, the damping of IW by turbulence remains negligible. As in the latter study, the buoyancy jump across the pycnocline is considered to be large enough, such that the effects related to turbulent mixing remain insignificant.

The main focus here is to investigate in more detail the effect of the enhancement of small-scale turbulence by IW propagating in the pycnocline, and in particular, to separate the contributions of IW velocity field and the turbulent velocity field produced by the IW in the fluid kinetic energy spectrum.

The setup and parameters of the numerical experiment are discussed in Sec. 2. Initialization of internal waves and their properties are discussed in Sec. 3. The dynamics of turbulence in the absence of the initially excited IW is discussed in Sec. 4. The effect of IW propagating in the pycnocline on turbulence dynamics is discussed in Sec. 5. Conclusions and discussion of numerical
results and estimates of the enhancement of small-scale turbulence by IW in laboratory and natural conditions are presented in Sec. 6.

2. Numerical method and initial conditions

We consider a stably stratified fluid with a pycnocline (Fig. 1). Initial turbulence field is localized in a layer at some distance above the pycnocline. The first mode of the internal wave propagating along the pycnocline from left to right is also prescribed as initial condition. Periodic boundary conditions in the horizontal, $x$ and $y$, directions and Neumann (zero normal gradient) boundary condition in the vertical $z$ direction are considered. The thickness of the pycnocline, $L_0$, and the buoyancy frequency in the middle of the pycnocline, $N_0 = \left( -\frac{g}{\rho_0} \frac{d\rho_0}{dz} \right)^{1/2}$ (where $g$ is the gravity acceleration and $\rho_0(z)$ the fluid density), are chosen to define the characteristic length and time scales, $L_0$ and $T_0 = 1/N_0$, which are used further to write the governing equations in the dimensionless form.

The Navier-Stokes equations for the fluid velocity are written under the Boussinesq approximation as (Phillips 1977):

$$\begin{align*}
\frac{\partial U_i}{\partial t} + U_j \frac{\partial U_i}{\partial x_j} &= -\frac{\partial P}{\partial x_i} + \frac{1}{Re} \frac{\partial^2 U_i}{\partial x_j^2} - Ri \frac{\partial \delta_z \rho}{\partial x_i} \\
\frac{\partial U_j}{\partial x_j} &= 0
\end{align*}$$

(1)

The equation for the fluid density is

$$\begin{align*}
\frac{\partial \rho}{\partial t} + U_j \frac{\partial \rho}{\partial x_j} - U_z N_{ref}^2(z) = \frac{1}{Re Pr} \frac{\partial^2 \rho}{\partial x_j^2}
\end{align*}$$

(3)

In Eqs. (1)-(3), $U_i (i = x, y, z)$ is the instantaneous fluid velocity, and $\rho$ and $P$ are the instantaneous deviations of the fluid density and pressure from the respective hydrostatic profiles, $x_i = x, y, z$ are the Cartesian coordinates;

Reynolds and Richardson numbers are defined as
\[
\text{Re} = \frac{U_0 L_0}{\nu}, \quad \text{Ri} = \left( \frac{L_0 N_0}{U_0} \right)^2
\] (4)

The Prandtl number is \( \text{Pr} = \nu / \kappa \), where \( \nu \) is the fluid kinematic viscosity and \( \kappa \) the molecular diffusivity. The coordinates, time and velocity are normalized by the length, time and velocity scales, \( L_0, \ T_0 \) and \( U_0 = L_0 / T_0 \). Note that since the time scale is defined as \( T_0 = 1 / N_0 \) and the velocity scale \( U_0 = L_0 / T_0 = L_0 N_0 \), the Richardson number in DNS identically equals unity, \( \text{Ri} = 1 \).

The density deviation \( \rho \) is normalized by the density jump across the pycnocline, \( \Delta \rho_0 \) (Fig.1).

The dimensionless reference profile of the buoyancy frequency, \( N_{ref}(z) \), is prescribed in the form:

\[
N_{ref}(z) = \frac{1}{\cosh 2(z - z_p)}
\] (5)

where \( z_p \) defines the pycnocline location, and the dimensionless reference density profile, \( \rho_{ref}(z) \), is:

\[
\rho_{ref}(z) = \rho_{ref}(\infty) - \int_{-\infty}^{z} N_{ref}^2(z)dz = \rho_{ref}(\infty) - 0.5 \tanh 2(z - z_p)
\] (6)

where \( \rho_{ref}(\infty) \) can be an arbitrary constant since its value does not influence the integration of (1)-(3). Thus, for convenience, \( \rho_{ref}(\infty) \), is set equal to 1.5, and the reference density profile is rewritten in the form:

\[
\rho_{ref}(z) = 1 + 0.5 \left[ 1 - \tanh 2(z - z_p) \right].
\] (7)

The dimensionless instantaneous density is obtained as a sum of \( \rho_{ref}(z) \) and the instantaneous density deviation, \( \rho \). Note that the dimensional density can be obtained as a sum

\[
[\rho_0 + \Delta \rho_0 \left( 0.5 \left[ 1 - \tanh 2(z - z_p) \right] + \rho \right)]
\]

where \( \rho_0 \) is the dimensional reference (undisturbed) density above the pycnocline.

The Navier-Stokes equations for the fluid velocity and density (1)-(3) are integrated in a cubic domain with sizes \( 0 \leq x \leq 40, \ -10 \leq y \leq 10 \) and \( 0 \leq z \leq 20 \) by employing a finite difference method of the second-order accuracy on a uniform rectangular staggered grid consisting of...
400 × 200 × 200 nodes in the x-, y- and z- directions, respectively. The integration is advanced in
time using the Adams-Bashforth method with time step Δt = 0.01. The Poisson equation for the
pressure is solved by FFT transform over x and y coordinates, and Gaussian elimination method
over z coordinate (Druzhinin et al. 2013). The Neumann (zero normal gradient) boundary
condition is prescribed for all fields in the horizontal (x,y) planes at z = 0 and z = 20, and periodic
boundary conditions are prescribed in the longitudinal (x) and transverse (y) directions.

In DNS we prescribe the Reynolds number to be Re = 20000. This number is sufficiently large
to render the viscous damping of IWs negligible. The Prandtl number Pr is set equal to unity.

3. Internal waves

The initial condition for the velocity and density fields is prescribed as a first mode of internal wave
field with wavelength λ (and wavenumber k = 2π/λ) and frequency ω. The solution of the
linearized eqs.(1)-(3) for the progressive internal wave propagating from left to right in the x-
direction can be defined as (Phillips 1977):

\[ U^\text{IW}_x(x, z, t) = -\frac{1}{k}\frac{dW(z)}{dz}\sin(kx - \omega t) \] (8)

\[ U^\text{IW}_z(x, z, t) = W(z)\cos(kx - \omega t) \] (9)

\[ \rho^\text{IW}_z(x, z, t) = \frac{W(z)}{\omega}\frac{d\rho}{dz}\sin(kx - \omega t) \] (10)

The initial conditions for the IW field are taken from (8)-(10) at t = 0. Function W(z) is obtained as
an eigenfunction of the well-known Taylor-Goldstein boundary problem (Phillips 1977):

\[ \frac{d^2W}{dz^2} + \left(\frac{N^2}{\omega^2} - 1\right)k^2W = 0 \] (11)

with conditions \( W(z) \to W_0 \exp[k(z - z_p)] \) for \( z << z_p \), and \( W(z) \to W_0 \exp[-k(z - z_p)] \) for \( z >> z_p \), where \( W_0 \) is the IW velocity amplitude at \( z = z_p \). The problem (11) was solved by the shooting
method with matching at the pycnocline center, \( z = z_p \) (Hazel, 1972). The distribution of the first-
mode vertical velocity in the IW and the dispersion relation \( \omega(k) \) for wavenumbers in the range 0.3
<k < 6 obtained numerically for wavelength \( \lambda = 10 \) are presented in Fig. 2a. The figure shows that, as expected, the energy of the first mode is concentrated around the pycnocline.

DNS was performed with initial conditions (8)-(10) at \( t = 0 \) corresponding to the IW fields with wavelength \( \lambda = 10 \) (frequency \( \omega = 0.489 \), period \( T \approx 13 \)). Previous DNS results by Druzhinin et al. (2013) show that weak IWs of short length (say, about 3 times smaller as compared to the \( \lambda = 10 \) considered in the present paper) are severely damped by turbulence. The results show that the damping rate of IWs with the amplitude two times less than the turbulence amplitude grows as \( 1/\lambda^2 \). On the other hand, if we consider larger IW amplitudes and reduce the IW length, the wave slope increases so that strong, short-length IW become strongly non-linear and are prone to breaking and viscous dissipation. In the present study, the IW amplitude was prescribed as \( W_0 = 0.1 \). Figure 2b shows isopycnal displacements obtained in DNS at different times with initial conditions prescribed for IW with selected wavelength. In this case, the amplitude of the isopycnal displacement is about \( a \approx 0.2 \), and the wave slope is about \( ka = 2\pi a/\lambda \approx 0.12 \) which may be regarded small enough to ensure that non-linear effects during the IW propagation in the pycnocline remain negligible. Below (in Fig. 7) spatial IW sectra also show that amplitudes of higher harmonics remain negligible as compared to the first harmonics amplitude.

4. Dynamics of turbulence in the absence of IW

In order to investigate how turbulence evolves in the absence of internal wave, DNS was performed with the initially induced turbulence field and no imposed IW field. The mid-pycnocline level was prescribed at \( z_p = 8 \) and the turbulence layer center was set at \( z_t = 10 \). The values of \( z_p \) and \( z_t \) were chosen to ensure that the effects of turbulent mixing and internal wave generation by turbulence in the pycnocline remained sufficiently small for the considered initial amplitude of turbulent velocity (defined below).

Turbulent velocity field is initialized in DNS as a random, divergence-free field in the form:

\[
U_i(x, y, z) = U_{i0} U^{i'}(x, y, z) \exp\left[-0.5(z - z_i)^2\right]
\]  

(12)
where \( i = x, y, z \). \( U'_i(x,y,z) \) is a homogeneous isotropic field with a given power spectrum in the form

\[
E(k) = E_0 k \exp\left(-\frac{k}{k_f}\right)
\]  
(13)

where wavenumber \( k_f \) defines the spectral location of the energy peak. Factor \( E_0 \) is chosen so that the amplitude (i.e. an absolute maximum value of the modulus of \( U'_i(x,y,z) \)) equals unity. Thus parameter \( U_{i0} \) in (12) defines the turbulence velocity amplitude; \( U_{i0} \) and \( k_f \) were prescribed in DNS as \( U_{i0} = 0.1 \) and \( k_f = 1 \). Numerical results show that, in this case, the effects of turbulent mixing on the pycnocline structure and generation of internal waves by turbulence remain negligible during the considered time interval \( (t = 0 \div 400 \text{ in dimensionless units}) \). For the considered choice of the spectrum (13) with \( k_f = 1 \) the turbulence dimensionless integral length scale, \( L_i \), at initialization is of order unity. Thus, the turbulent Reynolds number, \( \text{Re}_t \), based on \( L_i \) and \( U_{i0} \), is evaluated as \( \text{Re}_t = L_i U_{i0} \text{Re} \approx 2000 \).

The mean vertical profiles of the velocity and density fields, \(< U_i > (z) \) and \(< \rho > (z) \), were obtained by averaging over the horizontal \((x,y)\)-plane performed for each \( z \). Root mean square deviations (rms) of the velocity and density were then obtained as

\[
U'_i = \left(< U_i^2 > - < U_i >^2 > \right)^{1/2}, \quad \rho' = \left(< \rho^2 > - < \rho >^2 > \right)^{1/2}
\]  
(14)

The vertical mean profile of the mean kinetic energy, \( E(z) \), was evaluated as

\[
E = \frac{1}{2} \sum_{i=x,y,z} U'_i^2
\]  
(15)

Another important characteristics of the dynamics of turbulence in a density stratified fluid is the gradient Richardson number, \( \text{Ri}_g \) (Phillips 1977). In the considered case, there is no mean shear. Thus, the gradient Richardson number parameter can be evaluated via the mean buoyancy frequency, \( N \), and the mean turbulent shear stress defined by the TKE dissipation rate and kinematic viscosity, \( (\varepsilon / \nu = \varepsilon \text{Re}) \) (Thorpe 2007), as:
\[ \text{Re} = \frac{N^2}{\varepsilon \text{Re}} \]

where the dissipation rate, \( \varepsilon \), can be obtained from DNS data by averaging over \((x,y)\)-plane for each \( z \) in the form (Phillips 1977):

\[ \varepsilon = \frac{1}{\text{Re}} \sum_i \left( \frac{\partial \widetilde{U}_i}{\partial x} \right)^2 + \left( \frac{\partial \widetilde{U}_i}{\partial y} \right)^2 + \left( \frac{\partial \widetilde{U}_i}{\partial z} \right)^2, \quad i = x, y, z \]  

In eq.(17) \( \widetilde{U}_i = U_i - \langle U_i \rangle \) is the instantaneous deviation of the velocity from the mean value.

Fig. 3a shows vertical profiles of different rms velocity components, \( U'_x, U'_y, U'_z \), and mean density, \( \langle \rho \rangle \), (left panel) and the Richardson number, \( R_i_g \), (right panel) obtained in DNS at time moments \( t = 100 \) and \( t = 400 \) with no initially induced IW. (Here and below in Fig. 4a the \( R_i_g \) \( (z) \) profile is cut off at the level of unity for \( R_i_g(z) > 1 \).) The figure also shows the density reference (initial) profile, \( \rho_{\text{ref}}(z) \), and the profiles of the rms velocity components \( U'_x \) and \( U'_z \) of the internal wave without initially induced turbulence layer. The figure shows that \( x \) and \( y \) rms velocities coincide in the region sufficiently far from the pycnocline (for \( z > 11 \)). In this region, the gradient Richardson number remains sufficiently small (\( R_i_g < 0.2 \) at \( t = 400 \)) so that it can be regarded as weakly-stratified. On the other hand, in the region \( z < 10 \), sufficiently close to the pycnocline, \( R_i_g > 1 \), and vertical rms velocity, \( U'_z \), is much smaller as compared to the horizontal rms velocities, \( U'_x \) and \( U'_y \), whose amplitudes peak at level \( z = 9 \) at \( t = 400 \). Thus, in this, strongly-stratified, region turbulent motion becomes quasi-two-dimensional and there occurs a collapse of three-dimensional vortices and formation of pancake eddies (cf. Fig. 3e below). Figure 3a also shows that the mean density profile, \( \langle \rho \rangle (z) \), practically coincides with the reference profile, \( \rho_{\text{ref}}(z) \) during the considered time interval. That means that the effect of turbulent mixing on the pycnocline structure remains negligible.

Figure 3a also shows that vertical rms velocity increases in the vicinity of the pycnocline center (at \( z = 8 \)) where \( U'_x, U'_y, U'_z \) are of the same order. This increase can be attributed to the presence of internal waves excited by decaying turbulence in the pycnocline. The presence of these turbulence-
generated IWs is confirmed by numerical results in figure 3b. The figure shows temporal
development of the density at the point with coordinates x = 20, y = 10, and z = 8 (i.e. at the
pycnocline center in the middle of the computational domain). The figure also shows the temporal
development of the density in initially induced internal wave without initially excited turbulence for
comparison. The figure shows that small, finite density variations are present in the pycnocline
which can be attributed to weak internal waves excited by turbulence. The analysis of the frequency
spectrum of the density oscillations in the pycnocline and the structure of isopycnals (not presented
here) shows that mostly first- and second-mode IWs are generated by turbulence with
corresponding frequencies \( \omega_1 \approx 0.8 \) and \( \omega_2 \approx 0.2 \) and wavelength \( \lambda_r \approx 4 \). (More details about the
physical mechanism responsible for the IWs generation by turbulence in a pycnocline are provided
e.g. by Kantha (1979) and Carruthers & Hunt (1986).) The amplitude of these turbulence-generated
IWs remains by the order of magnitude smaller as compared to the amplitude of the IW induced in
the pycnocline due to initial condition (8)-(10).

Figure 3c shows the temporal development of \( x, y \) and \( z \) rms velocity components, \( U'_x, U'_y, U'_z \),
obtained in DNS at different \( z \)-levels (\( z = 9, 10 \) and 11). The figure shows that turbulence decays,
and the decay rate is different at different \( z \)-levels. At \( z = 11 \), the rms velocities remain of the same
order at all times. At levels \( z = 10 \) and \( z = 9 \), component \( U'_z \) diminishes at a grater rate as compared
to the \( x \)- and \( y \)- components, \( U'_x \) and \( U'_y \), so that at sufficiently late times \( (t > 200 \) for \( z = 10 \) and \( t > 50 \) at \( z = 9 \)) vertical velocity becomes almost by the order of magnitude smaller as compared to the
\( x \) and \( y \) velocity components. That means that in the region sufficiently close to the pycnocline there
occurs a collapse of three-dimensional turbulence under the effect of stable stratification and fluid
motion becomes quasi-two-dimensional.

Temporal development of the mean kinetic energy, \( E \), at different \( z \)-levels (\( z = 9, 10 \) and 11) is
presented in Fig. 3d. The figure shows that \( E \) decays at a lower rate in the region in the vicinity of
the pycnocline (at \( z = 9 \)), as compared to levels \( z = 10 \) and \( z = 11 \) where stratification is weak. The
figure shows that \( E(z = 11) \sim t^{-1.6} \) whereas \( E(z = 9) \sim t^{-0.9} \) at times \( t > 50 \).
In the experimental study of strongly stratified homogeneous decaying grid turbulence Praud et al. (2005) observed that kinetic energy decays as $t^{-1.3}$ which is close to the decay law of non-stratified grid turbulence [Warhaft & Lumley (1978)]. Praud et al. (2005) also observed formation of pancake vortex structures at sufficiently late times. In the present study, the initial turbulence distribution is inhomogeneous in the $z$-direction, so that TKE dynamics at a given location is governed not only by viscous dissipation but also by turbulent diffusion of momentum. Therefore, the reduction of turbulence kinetic energy is also modified by turbulent momentum transport due to the inhomogeneity of turbulence. A reduced decay rate observed in our DNS in the strongly-stratified region ($t^{-0.9}$ at $z = 9$) as compared to the decay rate $t^{-1.6}$ in the region with weaker stratification (at $z = 11$) can be attributed to the growth of the horizontal scale of turbulence due to the development of quasi-two-dimensional, pancake vortex structures (to be discussed below).

Let us consider now the instantaneous distribution of the flow vorticity presented in Fig. 3e. The figure shows $y$- and $z$- components of vorticity, $(\omega_y = \partial_z U_x - \partial_x U_z \text{ and } \omega_z = \partial_y U_y - \partial_y U_y)$ and density $(\rho + \rho_{ref}(z))$ obtained in DNS in the vertical and horizontal planes with no initially induced IW field at time $t = 400$. The figure shows that sufficiently far from the pycnocline (at $z > 10$), turbulence remains three-dimensional. However, in the vicinity of the pycnocline (in the region $8 < z < 10$) the vorticity distribution in the vertical ($x, z$)-plane is characterized by a layered structure typical of stably stratified turbulence. The scale of vortices in the horizontal ($x, y$)-plane at $z = 9$ (where velocities $U'_x$ and $U'_y$, and consequently the horizontal kinetic energy, have maximum) is larger as compared to the ($x, y$)-plane at $z = 11$, and turbulent eddies here acquire a pancake shape. This observation is in accord with results of previous laboratory studies where formation of pancake large-scale vortex structures in decaying, strongly-stratified homogeneous turbulence was observed (cf. Praud et al. (2005)). The figure shows also that strong variability of turbulence in the $z$-direction persists in the strongly stratified region in the vicinity of the pycnocline ($8 < z < 10$) and, in this region, $y$- and $z$- vorticity components are generally of the same order.

Figure 3f shows the kinetic energy power spectrum, $E(k)$, obtained in DNS at different $z$ levels ($z = 9$ and $z = 11$) at time moments $t = 100$ and $t = 400$. Each spectrum is obtained by the Fourier
transform over \( x \)-coordinate at different \( y \)-locations and then spatially averaged in the \( y \)-direction. The figure shows that the spectrum obtained sufficiently far from the pycnocline, at \( z = 11 \), is characterized by an inertial interval (for \( k = 2 \div 20 \) at \( t = 100 \), and \( k = 2 \div 8 \) at \( t = 400 \)), and a viscous dissipation range at larger \( k \)’s. On the other hand, the spectrum obtained at \( z = 9 \) is characterized by larger values of the kinetic energy at low wavenumbers (\( k < 3 \)) and by faster decay of \( E(k) \) at high \( k \)’s.

Therefore, the DNS results show that, during the considered time interval (\( t = 0 \div 400 \)) turbulence decay is significantly affected by stratification in the vicinity of the pycnocline, in the region \( 8 < z < 11 \). In this region, there occurs a collapse of three-dimensional turbulence and formation of quasi-2D pancake vortex structures. The horizontal spatial scale of these structures is considerably larger as compared to the characteristic size of 3D turbulent eddies which still survive in the non-stratified region sufficiently far from the pycnocline. In the latter region, the decay rate of the turbulent kinetic energy is enhanced as compared to the region in the vicinity of the pycnocline (\( E(z = 11) \sim t^{-1.6} \) as compared to \( E(z = 9) \sim t^{-0.9} \)). As a result, the location of the kinetic energy maximum is shifted with time from the center of the turbulent layer at \( z_t = 10 \) (at \( t = 0 \)) to the level \( z = 9 \), i.e. closer to the pycnocline. At sufficiently late times (\( t > 400 \)) most of turbulent kinetic energy is located in a layer occupied by pancake large-scale eddies in the vicinity of the pycnocline.

Figure 3a shows that during the considered times, the rms turbulence velocity is almost by the order of magnitude smaller as compared to the velocity of initially induced IW without turbulence (0.01 vs. 0.06 at \( z = 9 \), cf. Fig. 3a). Thus, the internal wave created by initial condition (8-10) can indeed be regarded as strong as compared to the decaying turbulence. In the next section we study how this strong internal wave propagating through the pycnocline modifies turbulence dynamics.

5. Turbulence dynamics in the presence of IW

DNS was performed with both initially created turbulent layer and the internal wave field (8)-(10) prescribed at \( t = 0 \) with amplitude \( W_0 = 0.1 \) and wavelength \( \lambda = 10 \). The above presented results
show that for these parameters, the IW rms velocity exceeds turbulence velocity almost by the order of magnitude at sufficiently late times \((t > 100)\).

Figure 4 shows vertical profiles of the rms velocities, \(U'_x, U'_y\) and \(U'_z\), and mean density, \(<\rho>\), (left panel) and gradient Richardson number, \(R_i\), (right panel) obtained in DNS at \(t = 100\) (top) and \(t = 400\) (bottom). The figure also shows the rms velocity profile \(U'_y\) of turbulence in the absence of IW and the profiles \(U'_x\) and \(U'_z\) due to IW propagating in the pycnocline without initially induced turbulence. The figure shows that, at the considered times, the profiles of \(U'_x\) and \(U'_z\) velocities of IW propagating in the pycnocline with and without initially created turbulence practically coincide. That means that IW field is weakly affected by turbulence, i.e. the effect of IW damping by turbulence can be regarded small during the considered time interval. This is in agreement with the results of the previous DNS study by Druzhinin et al. (2013) showing that IW is effectively damped only if turbulence amplitude is at least twice as large as compared to the IW amplitude.

It is important to note that, in the considered case of turbulence decaying in the presence of IW propagating in the pycnocline, \(U'_x\) and \(U'_z\) velocities include contributions due to both small-scale turbulence and IW fields. Thus, in order to distinguish the effect of IW on turbulence we compare the profiles of the transverse velocity component, \(U'_y\), (cf. the cases of turbulence with IW vs. turbulence without IW in Fig. 4) since this velocity component does not include the contribution due to IW field (which has only \(x\)- and \(z\)- velocity components). Figure 4 shows that at early times \((t = 100)\) the \(U'_y\) - profiles of turbulence, decaying both in the absence of IW and with IW, coincide. However, at late times \((t = 400)\) velocity \(U'_y\) is considerably enhanced (almost by the order of magnitude) in a layer close to the pycnocline center, at \(z \approx 8\), as compared to the \(y\)-velocity of turbulence without IW.

Note that generation of small-scale turbulence by internal waves was also observed in the laboratory experiment by Matusov et al. (1989). In that experiment, small-scale, stationary turbulence layer was created by an oscillating grid at some distance above the pycnocline, whereas...
an internal gravity wave was simultaneously induced in the pycnocline by a wavemaker. The experimental results show that if the forcing by grid was switched off, turbulence decayed in the bulk of the flow domain but survived in a thin layer in the vicinity of the pycnocline center as if maintained by IW. This observation is in qualitative agreement with our results in Fig. 4.

Figure 5a compares the temporal development of rms velocity component $U'_y$ at the pycnocline center (i.e. at $z = 8$) obtained in DNS with and without initially induced IW. The figure shows that under the influence of IW turbulence kinetic energy increases with time, so that at $t = 400$ $U'_y$ of turbulence with IW exceeds the velocity of freely-decaying turbulence almost by the order of magnitude.

In order to investigate how growing turbulence affects the internal wave we compare the temporal oscillations of the density deviation in IW with and without turbulence in Fig. 5b. The figure shows that, during the considered time interval, IW is weakly modified by turbulence. As already discussed above, this observation agrees with previous results by Druzhinin et al. (2013).

Figure 6 shows instantaneous distributions of the $y$-component of vorticity ($\omega_y = \partial_z U_x - \partial_x U_z$, in grey scale) and density ($\rho + \rho_{ref}(z)$, isolines and grey scale) obtained in DNS of induced turbulence and IW propagating in the pycnocline at times $t = 100$ and 400. The vorticity distribution in Fig. 6 (top panel) shows that at time $t = 100$ there are two distinct regions, $7 < z < 9$ and $9 < z < 12$, of weakly and strongly stratified turbulence. In the region $7 < z < 9$, where $Ri_g > 1$ (cf. Fig. 4), the vorticity distribution is characterized by distinct maxima and minima in the vicinity of IW troughs and crests, respectively. In the region $9 < z < 12$ the Richardson number is small ($Ri_g < 1$, cf. Fig. 4) and vorticity distribution is similar to that observed in the absence of IW (cf. Fig. 3e). On the other hand, at time $t = 400$ (Fig. 7, middle panel) the vorticity is mostly concentrated in the vicinity of the pycnocline, in a thin layer around the pycnocline center at $z \approx 8$. Here $Ri_g > 1$ and turbulence can be regarded as strongly stratified (cf. Fig. 4). In the upper layer ($z > 9$) the vorticity practically vanishes. Thus, at late times turbulence is supported by IW against the effect of the molecular dissipation only in the vicinity of the pycnocline center, and decays in the upper layer. This observation is also in agreement with the laboratory results by Matusov et al. (1989).
It is of interest to note that a similar enhancement of turbulence was observed by Tsai et al. (2015) in the vicinity of the waved water surface. Their DNS results show that turbulence is enhanced by the straining field of the surface wave in the vicinity of the water surface, and this enhancement is most pronounced in the vicinity of the surface wave crests and troughs. Since the IW-induced strain field decreases exponentially with the distance from the pycnocline, it is expected that the effect of the IW field on turbulence is most pronounced in the immediate vicinity of the pycnocline, as is observed in our DNS in Fig. 6.

The distribution of the density \( \rho + \rho_{ref}(z) \) at time \( t = 400 \) (Fig. 6, bottom panel) shows that IW is significantly distorted by increased turbulence along the front. This refraction of IW under the effect of turbulence can be the source of more significant IW damping in the case when increasing turbulence amplitude becomes comparable with IW amplitude as was also observed by Druzhinin et al. (2013).

Figure 7 presents kinetic energy power spectrum, \( E \), and the spectrum of the \( y \)-velocity component, \( E_y \), of turbulence with IW (propagating in the pycnocline) obtained in DNS at the pycnocline center level (\( z = 8 \)) at time \( t = 400 \). The figure also shows kinetic energy spectrum of the internal wave in the absence of turbulence layer, and spectra \( E \) and \( E_y \) of turbulence in the absence of IW at level \( z = 9 \) (where turbulence kinetic energy has a local maximum at \( t = 400 \), cf. Fig. 3a).

Figure 7 shows significant amplification (by the order of magnitude) of the kinetic energy spectrum under the effect of IW in the entire wavenumber (\( k \)) range. The maximum peak in the IW spectrum (in the absence of turbulence) is due to the first harmonics at \( k = 2\pi/10 \), the second harmonics peak (at \( k = 4\pi/10 \)) being less by two orders of magnitude (Fig. 7, left panel). That means that the nonlinearity of IW is small and the internal wave is far from breaking. The kinetic energy spectrum of turbulence with IW is also characterized by a well-pronounced peak at the first-harmonics wavenumber (\( k = 2\pi/10 \)), and the amplitude of this peak practically equals the amplitude of the 1st harmonics peak in the IW spectrum without turbulence. That means that, at this wavenumber (\( k = 2\pi/10 \)), the direct contribution of IW into the kinetic energy is most prominent. On the other hand, spectrum \( E(k) \) of turbulence with IW is also significantly enhanced (as compared
to the turbulence spectrum in the absence of IW) at other $k$’s where there is no direct contribution of IW into kinetic energy. Note also that since the energy peak at the IW wavenumber $k = 2\pi/\lambda = 0.628$ in the TKE spectrum is most pronounced, the turbulent length scale, in this case, is actually determined by the IW length ($\lambda = 10$). Than the turbulent Reynolds number can be estimated as $Re_t = \frac{L_t U_{t0}}{\nu} Re = \frac{\lambda}{\nu} U_{t0} Re = 20000$ for the amplitude $U_{t0} = 0.1$.

Comparison of the spectra of the $y$-velocity component, $E_y(k)$, obtained in DNS with and without IW propagating in the pycnocline (Fig. 7, right panel), shows that the spectra coincide at the wavenumber of the first IW harmonics ($k = 2\pi/10$), and $E_y(k)$ of turbulence with IW is significantly enhanced for both lower and higher $k$’s. Note, that since IW velocity field consists only of $x$- and $z$-components, there is no direct contribution of IW field in the $E_y(k)$ spectrum.

6. Conclusion

We have performed DNS of turbulence dynamics in the vicinity of a pycnocline and studied the effect which monochromatic internal wave propagating along the pycnocline incurs on turbulence dynamics.

DNS results show that if no IW is initially induced in the pycnocline, turbulence decays and the turbulence kinetic energy (TKE) decreases with time. TKE decay rate is reduced in the vicinity of the pycnocline. We assume that this reduction of the TKE decay rate can be related to growing horizontal lengthscale of turbulent eddies due to stable stratification effect. At sufficiently late times, most of turbulent energy is located in a layer close to the pycnocline. Here local Richardson number (defined by the local buoyancy frequency and TKE dissipation rate) is large ($Ri >> 1$) and turbulence dynamics is dominated by quasi-two-dimensional large-scale (pancake) vortex structures.

DNS results also show that under the effect of internal wave (IW) propagating in the pycnocline both mean kinetic energy of turbulence and the kinetic energy spectrum are significantly enhanced (almost by the order of magnitude) in the vicinity of the pycnocline center as compared to the case
of turbulence decaying without initially induced IW. This observation is in qualitative agreement
with the results of laboratory experiment by Matusov et al. (1989).

In conclusion, let us briefly discuss a possible scaling of the above results to typical laboratory
and in situ conditions. In the present study we employ velocity, length and time scales, \( U_0, L_0 \) and
\( T_0 = L_0 / U_0 \), to normalize physical variables. Note that since the time scale is defined as \( T_0 = 1 / N_0 \)
and the velocity scale \( U_0 = L_0 / T_0 = L_0 N_0 \), the bulk Richardson number in DNS identically equals
unity, \( \text{Ri} = N_0^2 L_0^2 / U_0^2 = 1 \). For laboratory conditions, we prescribe \( L_0 = 20\text{cm} \) (IW wavelength \( \lambda =
2\text{m} \), pycnocline thickness 20 cm) and for the considered Reynolds number \( \text{Re} = 20000 \) and
kinematic viscosity \( \nu = 0.01\text{cm}^2/\text{s} \), we obtain \( U_0 = \text{Re} \nu / L_0 = 10\text{cm/s} \) for initial turbulence
velocity and \( 0.1 U_0 = 1 \text{cm/s} \) for IW vertical velocity amplitude; the time scale is \( T_0 = 2\text{s} \) and the
buoyancy frequency is \( N_0 = 0.5 \text{rad/s} \). Then, extrapolating our results to oceanic conditions we take
\( N_0 = 0.01 \text{rad/s} \) (Phillips, 1977), i.e., \( T_0 = 100\text{s} \) for time scale and \( L_0 = 20\text{m} \) for the length scale
(IW wavelength 200m, pycnocline thickness 20m). Thus, the velocity scale is \( U_0 = 20\text{cm/s} \) and
initial turbulence velocity and IW vertical velocity amplitude are both \( 0.1 U_0 = 2 \text{cm/s} \). Although the
analysis of specific oceanic situations is beyond the framework of this paper, it provides a more
strict mathematical confirmation for the early conclusions by Matusov et al. (1989).
References


L.H. Kantha: Laboratory experiments on attenuation of internal waves by turbulence in the mixed layer, Trans. 2nd Int. Symp. on Stratified Flows, Irodheim, Norway, IAHB, 731-741, 1980.


Ostrovsky, L.A., Zaborskikh, D.V.: Damping of internal gravity waves by small-scale turbulence,

Fig. 1. Schematic of the numerical experiment: $x, y, z$ are the Cartesian coordinates; $\rho_0$ is the density above the pycnocline; $\Delta \rho_0$ the density jump across the pycnocline; $g$ the gravity acceleration, $N_0$ the buoyancy frequency in the pycnocline center; $L_0$ the pycnocline thickness; $z_p$ and $z_t$ the locations of the pycnocline and the turbulent layer centers.
Fig. 2a. Distribution of the vertical velocity $W(z)$ for wavelength $\lambda = 10$ (left) and the dispersion relation $\omega(k)$ (right) for the first IW mode. The wavenumber of the selected wavelength is shown by a symbol.
Fig. 2b. The instantaneous contours of the density deviation obtained in the central $(x,z)$-plane at different time moments in DNS with initial condition (5)-(7) prescribed for IW, propagating from left to right with wavelength $\lambda = 10$ (frequency $\omega = 0.489$, phase velocity $c \approx 0.78$) and amplitude $W_0 = 0.1$. There is no initially induced turbulence. Density contours are 1.3, 1.5, 1.7. Contour 1.5 marks the location of the pycnocline center.
Fig. 3a. Vertical profiles of the rms velocity components, $U_x', U_y', U_z'$, mean density $\langle \rho \rangle$ (left) and the gradient Richardson number, $\text{Ri}_g$ (right) obtained at time moments $t = 100$ and $t = 400$ in DNS with no initially induced IW. The reference (initial) density profile, $\rho_{ref}(z)$, is shown in dash-dotted (black) line for comparison. Profiles of the rms velocity x- and z- components of IW without turbulence are also shown in dashed line.
Fig. 3b. Temporal development of the instantaneous density deviation at the point with coordinates $x = 20$, $y = 10$, and $z = 8$ (in the middle of the pycnocline) obtained in DNS with initially excited IW without turbulence and initially excited turbulence without IW (in color).
Fig. 3c. Temporal development of the rms velocity components $U'_x, U'_y, U'_z$ obtained at different z-levels in DNS with no initially induced IW.
Fig. 3d. Temporal development of the fluid kinetic energy, $E$, at different $z$-levels ($z = 9, 10, 11$) in DNS with no initially induced IW.
Fig. 3e. Instantaneous distribution of the vorticity $y$ and $z$ components $\omega_y$ (top panel) and $\omega_z$ (middle and bottom panels) (in grey scale) obtained in DNS in the vertical and horizontal planes at $t=400$ with no initially excited IW. Density contours 1.3, 1.5, 1.7 are also shown in the $(x,z)$-plane (top panel).
Fig. 3f. Kinetic energy power spectrum obtained in DNS with no initially excited IWs at $t = 100$ (left) and $t = 400$ (right) at different z-levels. Dashed line shows the Kolmogorov’s $k^{-5/3}$ spectrum.
Fig. 4. Vertical profiles of the rms velocity components, $U'_x, U'_y, U'_z$, mean density $\langle \rho \rangle$ (left) and the gradient Richardson number, $Ri_g$ (right) obtained at time moments $t = 100$ and $t = 400$ in DNS with initially induced IW. The reference (initial) density profile, $\rho_{ref}(z)$, is shown in dash-dotted (black) line. Profiles of the rms velocity x- and z- components of IW without turbulence are also shown in dashed line for comparison.
Fig. 5a. Temporal development of rms velocity component $U'_y$ obtained at level $z = 8$ in DNS with initially excited turbulence and IW propagating in the pycnocline. Temporal development of turbulence rms velocity in the absence of IW is also shown for comparison.
Fig. 5b. Temporal development of the instantaneous density deviation at the point with coordinates $x = 20$, $y = 10$, and $z = 8$ (in the middle of the pycnocline) obtained in DNS with initially excited IW with and without turbulence.
Fig. 6. Instantaneous distribution of the vorticity $y$-component $\omega_y$ (in grey scale) with imposed density contours (1.3, 1.5, 1.7) in the central (x,z)-plane at time moments $t = 100$ and $t = 400$ (top and middle panels, respectively), and density distribution in the (x,y)-plane at the pycnocline level ($z = 8$, bottom panel) at $t = 400$ obtained in DNS of turbulence layer. IW wavelength $\lambda = 10$. 

- 39 -
Fig. 7. The kinetic energy power spectrum, $E(k)$, (left) and the spectrum of the $y$-velocity component, $E_y(k)$, (right) obtained in DNS with initially excited IWs at the pycnocline center level ($z = 8$) at time $t = 400$. The kinetic energy spectrum of the internal wave in the absence of turbulent layer and spectra $E$ and $E_y$ of turbulence without initially induced IW obtained at the level of maximum kinetic energy ($z = 9$) at time $t = 400$ are also provided for comparison.